



Lilium

Tradition since 1923

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2024

2025



Tack Ching Girls' Secondary School

English Department

Recipe for Unlocking Potential — Self-belief, Opportunity, Skill building

As we gather the pages of the 6th issue of Liliun, I'm reminded of the vibrant energy and boundless creativity that keeps permeating our campus. From the 100th anniversary English musical produced by our talented singers, dancers, actresses, backstage crew, etc. and the tremendous triumph of our English Debate Team, to the awe-inspiring works of our young writers and the active engagement in diverse English activities, this publication showcases the remarkable potential of our students and celebrates the transformative power of self-belief, opportunity and skill building.

In Tack Ching, we have cultivated an environment that nurtures the unique strengths and talents of our students. We believe that every individual has the capability to make extraordinary achievements, so we provide numerous opportunities to push the boundaries of our students' own abilities, to hone their skills, and to cultivate their self-assurance. By providing our students with the tools, resources, and opportunities to cultivate a diverse array of skills, we can empower them to thrive in today's rapidly evolving world.

As we embark on a new academic year, I am filled with a sense of excitement and optimism. With many more exciting initiatives and events planned, Tack Ching will continue to nurture young talents and unlock students' boundless potential. I invite all members of our school community to join hands with us. By working together, we can create a nurturing learning environment that helps our students reach new heights and achieve remarkable feats.

Wishing you all the best for the start of the school year!

Carol Chung
Principal



100th School Anniversary Open Day



The 100th Anniversary Opening Ceremony was held on 15th December, 2023, which kicked off the 3-day celebration. On the special occasion, we were honoured to have Dr Choi Yuk-lin, JP, Secretary for Education as the officiating guest. Dr Choi praised the school sponsoring body, the school managing board, past and present administrations and staff for nurturing many girls with good characters in the past 100 years. After the ceremony, there were outstanding performances by talented students, including the HK Gymnastics Team representative, Chinese dancing team and winners of the school fashion show competition, followed by our remarkable English musical, *The Sound of Music* produced by the entire Form 3 students.

Apart from the ceremony in the hall, the covered playground was also packed with visitors who participated in the English stall games in English Room and English Café. Members from the English Society welcomed our guests with hospitality. There were also display boards with photos and details of our classmates' achievements in the Hong Kong Schools Speech Festival as well as our English musical.



Many local and overseas alumni returned to our school and shared their sweet memories when touring the campus. They were particularly excited when they went to the newly built school history room. Tack Ching's historical events of a century were shown, with some precious items dating back to the early eras of our school being on display. Needless to say, the alumni found it easy to relate when seeing old school exercise books, report cards and certificates, etc.

On different floors, various workshops and activities were held. Guests made handicrafts and got memorable souvenirs. In addition, primary school students were invited to participate in our multi-intelligence competition, which ran smoothly. The students not only had loads of fun, but also had a better understanding of our school.

Undoubtedly, this awesome day was a perfect opportunity for alumni to reunite with the school, for the students to showcase their talents and potentials, and for the community to appreciate our school spirit. We will never forget this memorable day!



100th Anniversary English Musical

Our 100th Anniversary English Musical *The Sound of Music* was held on 15th and 16th December, 2023. It was a great success. All our Form Three students demonstrated their strenuous efforts in this marvellous performance, showcasing their talents in drama, dancing, singing and even stage management. They also showed courage to overcome challenges that arose during the training which lasted for more than one year. With unwavering support from all the teachers, students were thrilled to bring this impressive production to life. We believe that students will build on this valuable experience and continue to shine in God's love and soar in faith and hope.

Pau Yik Gi 3C



I play the role of Maria in the English musical, and it has taught me to be braver and more confident. I particularly admire Maria for being herself. It has been a challenging role to learn, but I have also learned to pronounce English words better and not to be timid onstage.

Ho Hiu Tung 3E



I play the character of Maria. Being a part of this musical has taught me how to work and communicate with people better. I really enjoy singing and acting in it. I am very thankful for this opportunity to learn more and become a braver and more confident person while performing on stage.

Azhar Sheza 3C



I feel so many emotions about performing in the school musical, ranging from excitement to pride, especially as I found taking on the lead role both challenging and rewarding. There were times when I doubted my ability to perform as Maria, but I pushed through, and now I have a wonderful opportunity to showcase my talent.

Li Chiu Yee 3E



I play Maria in *The Sound of Music*, which is a classic that I have known about since elementary school. Taking part in the musical has taught me how to sing and dance. I am very thankful to the school for giving me this opportunity because it has taught me to be less shy.





Chan Ching 3B

I play the role of Captain. During practice, I sometimes forgot the script and could not recite the lines. Also, I did not have enough confidence in my acting. Although I encountered many difficulties, my English teachers always helped me tackle them. Before performing on stage, I talked to my teachers, who encouraged me and told me not to be nervous. After talking to them, I felt more relaxed. I feel grateful to my dear teachers for their support.

Phung Ka Yan 3C

I feel grateful that I was able to join the musical. I also enjoyed playing the role of Captain. From this experience, I have learned many things. At first, I was very nervous and scared when I was on stage but after a lot of practice, I was fully prepared for the performance. I have not only learned new words, but also acting skills. Once again, I would like to say how grateful I am to my teachers' support.



Ratanasopha Teay 3D

I am grateful for the teachers who have taught about the musical, because I've learned many new words which I can use in real life and in my exams! I took on the difficult role of Reverend Mother as I had to sing some high notes and remember a lot of lines. However, I tried my best to practise. I hope that you enjoy watching the musical.

Hung Sze Yin 3E

I have been given the role of Reverend Mother for the musical. It has taught me to work well and get along with others. It has also boosted my knowledge, confidence and singing skills. Even though I was very nervous about acting, I did well on stage because of my friends' encouragement.





Ho Wing Chi Gi Gi 3A

My role is Kurt. I think the musical program is fun because I can participate with my classmates. At first, I could not understand how to read the script so I practised and asked the teachers for help. I have learned a lot of new English vocabulary and met some classmates that I hadn't chatted with before.



Chan Lok Yin 3C

I am very glad that the school gave me a chance to join this musical as it has helped me to make new friends and improve my English. I am acting as Friedrich. The musical has also boosted my self-confidence, and now I do not feel afraid of acting on stage because of this meaningful experience.



Lu Yunxi Ami 3D

In this musical, I am Friedrich, who is a brave and responsible boy, and he has taught me how to solve big problems as a team. I think changing into different costumes is the most difficult thing in this musical, and I need more practice as we only have a little time for this.



Chan Ho Yi 3E

The English musical made me feel special because in primary school we did not have this fun way to learn English, and doing so made me brave! Although Liesl thinks she is old enough to know everything, she is still quite innocent. Playing Liesl taught me how to be happy and love music!



Chen Ka Ki 3E

In this musical I am 13-year-old Louisa. This musical has improved my English. This is my first time acting, so I am very worried about it. However, the drama teachers were very nice and always taught us patiently.



Pang Yu Yi 3E

I enjoyed taking on the role of Kurt. During rehearsals, we encountered many problems. One of them was feeling tired because we sometimes left school late, but I felt proud of myself every time. I have put a lot of effort into the musical. The musical has made me become confident and now I am not afraid to face an audience as I have learnt to be brave on stage. Besides, I have also improved my English.



Khan Faria 3E

I feel honoured to play Louisa, the second eldest daughter in this musical. I have learnt about perseverance and teamwork. During rehearsals, I have often felt exhausted because we had a lot of practice to do. Sometimes they lasted until 6 pm, but the thought of all my hard work paying off has kept me going.



Hu Hing Yee 3E

I am glad to be one of the main characters, Liesl. I am able to learn a lot by taking on this role. I was able to boost my confidence and improve my speaking skills. Practices are sometimes hard for me, but I know that my hard work has paid off.



Tang Tsz Ching Joyce 3C

I feel grateful that my school gave me a chance to perform in this musical, which is part of the school's 100th Anniversary. I play Brigitte, who is a 10-year-old girl. In my opinion, the drama has helped me to be more expressive and improved my self-confidence. It has also sharpened my English language skills.



Yan Ka Man 3D

I have learnt many acting skills for my role in this musical. I have also made a lot of new friends and learned how to work with them during the performance. This role has also helped me improve my English language skills, as I play the role of Brigitte, who is fun and cute.



Chen Man 3D

I play the role of Marta. I love this character and I have learnt to always stay happy. I think the biggest challenge in playing the character is that I needed to pretend to be a 7-year-old child. What I have learnt from the musical is persistence. Despite all the difficulties, we have done our best to make the musical a success.



Fong Hoi Tung 3E

I am Marta in the musical. Participating in the musical has helped me learn how to speak English more fluently. My drama teacher gave me some suggestions that made me understand how to act and now I know how to do it. I don't feel nervous about performing on stage because the show is for all the students.



Lai Tsz Ying 3E

First of all, I am really grateful to the school for giving me the opportunity to participate in this musical! The role I have in this musical is Gretel. I enjoy being guided by the teachers. Sometimes, I might slow everyone's progress, but no one showed any impatience and everyone encouraged one another.



75th Speech Festival

Over 40 students across all forms competed in the 75th English Speech Festival, winning numerous awards. The competition was a valuable experience for our girls to exhibit and develop their confidence and public speaking abilities. The school is proud of the girls' dedication and achievement. We are certain that our students feel proud of and accomplished in their hard work.

Yuan Zien 1E

This is my first time participating in the English Speech Festival. I felt very nervous at first, but my teachers encouraged me to be confident and helped with my practice in their spare time. Although I didn't finish in the top three, it was a great learning opportunity for me to boost my self-confidence. I am very grateful to my teachers and my family for their support, and having the opportunity to learn. Hopefully, I will be able to speak English more fluently in the future.

Faaiza Khansa Masood 2C

My speech festival experience was certainly a memorable one. I was quite nervous because I dislike having a huge amount of attention from many people. Unfortunately I was met with disappointment in the end when I found out that I wasn't in the top three. Hopefully I'll get a better result next time. I'm looking to improve my facial expression. Overall, I think it went decently well and I look forward to doing better for the next opportunity I get.

Bano Muntaha 4A

Participating in and winning the 75th Speech Festival was an incredibly fulfilling experience for me. The early morning practice sessions before class with my teacher, Miss Chow, were crucial in refining my skills and building my confidence. Her guidance and mentorship played a significant role in my success, and I am genuinely grateful for her unwavering support. Being awarded the champion represents more than just a personal achievement; it is a testament to the collective effort and encouragement of my teachers, peers, and the school. Preparing well for the competition was demanding yet rewarding, and I carry with me valuable lessons and experience learned through this journey.

Yun Hui Chan 4A

In order to help the audience better understand my point of view, I focused on refining the key points of my speech, striving for clear organization and vivid delivery. Through repetitive practice, my ability to freely express myself has improved over time, and my speaking skills have also made significant progress. I deeply appreciate the important role of reading in helping me prepare for the competition. This not only allowed me to learn more about the topic I shared, but also cultivated my ability to think independently and express myself. I believe these gains will have a positive impact on my future learning and work.



Winner	Award	Category
BANO MUNTAHA 4A	First Place	Solo Verse
BANO MUNTAHA 4A	Third Place	Public Speaking Solo
HUI HING LAM 1E	Merit	Solo Verse
YUAN ZIEN 1E	Merit	Solo Verse
AREFA 2B	Merit	Solo Verse
LIZA ARSHAD 2B	Merit	Solo Verse
FAAIZA KHANSA MASOOD 2C	Merit	Solo Verse
CHEUNG CHUI YAN 2E	Merit	Solo Verse
HUANG NGA TING 2E	Merit	Solo Verse
ZENG RUI 2E	Merit	Solo Verse
LIU TSZ YAN 3C	Merit	Solo Verse
CHEN XUE YI 3D	Merit	Solo Verse
LIN JIA AN 3D	Merit	Solo Verse
LEUNG NGA CHING 3E	Merit	Solo Verse
LEUNG NGA WING 3E	Merit	Solo Verse
MATSUMOTO SAYA 3E	Merit	Solo Verse
CHONG TSZ CHING 4A	Merit	Solo Verse
LUI PUI YIN 4A	Merit	Public Speaking Solo
TAM NGA CHI 4A	Merit	Solo Verse
WU XUEWAN 4A	Merit	Solo Verse
YUN HUI CHAN 4A	Merit	Public Speaking Solo
KANIZ FATIMA 4D	Merit	Solo Verse
SHAH MUSKAN BIBI 4D	Merit	Solo Verse
SAMAVIA 5A	Merit	Solo Verse
ARUJ HAFSA 5B	Merit	Solo Verse
LAW SUM YING 5C	Merit	Solo Verse
POON CHEUK YI 5C	Merit	Solo Verse

English Debating

The English Debate Team members have achieved immense success this year, securing 3 wins out of 4 in the preliminary stages of the Hong Kong Secondary Schools Debating Competition. With hard effort and dedication, the girls qualified for the Grand Finals in July, where they concluded their fruitful campaign as the Champion in Kowloon and the New Territories (Division 2). Bano Muntaha received the Best Speaker Award. Well done, debaters!



Khan Faria 3E

This was my first year as a member of the debate team and it has been a great experience! I had never heard of what debate was before I joined the team so it was quite new to me. Obviously as a beginner I struggled a lot but thanks to the other much more experienced members, my friends and teachers' help, I was able to come through the difficulties I faced. One of the biggest challenges for me was to overcome my fear of speaking up. I did not have confidence in myself at all since the beginning, however, by the end of the year my outlook on myself has changed. Debate has helped me improve my problem-solving skills and taught me the ability to stay calm under pressure. I have also been able to make really great friends and improve my communication skills! Joining the debate team has been an amazing decision for me. I am grateful to god for giving me the opportunity to make myself a better version through debate.

Bano Muntaha 4A

As the captain of the debate team, I embraced the weight of leadership and the responsibility that came with it. Throughout the debating process, I experienced an immense amount of personal and intellectual growth. Engaging in debates not only fortified my grasp of writing structure and eloquence, but also honed my critical thinking abilities. It was a journey of constant learning and self-improvement, where every debate was a new opportunity to challenge myself and embrace new perspectives.

Furthermore, being a part of the debate team taught me the art of effective teamwork. It is within the collaborative efforts and shared dedication of our team that I found strength and camaraderie. Together, we navigated through the complexities of arguments and rebuttals, learning from each other and growing as a cohesive unit. Beyond the technical aspects of debating, we cultivated a close-knit bond that transcended the competitive nature of the activity.

When our team emerged victorious and secured the championship, the elation and pride that washed over us was unparalleled. It was a moment of culmination, where the dedication and perseverance of an entire year bore fruit. I am deeply grateful for the invaluable guidance and mentorship of our responsible teachers, Mr. Poon, Mrs. Ewal, and Ms. Umama, whose unwavering support propelled us towards this achievement. Their wisdom, encouragement, and belief in our potential were the bedrock of our success, and for that, we are eternally grateful.

Chong Tsz Ching 4A

Joining debate group is an unforgettable experience in my learning journey. I have learnt a lot of techniques and skills in the debate competition. For instance, we need to prepare for the rebuttals with a lot of examples and statistics to make our arguments convincing. I am really grateful that I have met many great members and teachers. As a debate member, I recommend all of you to join this team in order to widen your experience and improve your English.



The 16th English Radio Drama Competition

Once again, our school participated in the Hong Kong English Radio Drama Competition. Chan Sum Yuet (5A), Huang Simin (5A), Nadeem Ridha (5D), Chen Ka Ki (5D) and Tai Ratana (5D) were part of the team that did an amazing job. Through their resilience, they were successfully qualified for the second phase of the competition.



Nadeem Ridha 5D

I have been part of the radio drama competition for three years. I remember being approached by my English teacher three years ago and wondering if I was able to do it. I doubted if I could manage since it was completely new to me. I understood that my vocal skills and emotional expressions needed to be perfect in order to do well in this competition as it is solely based on audio. Throughout the process, along with my teammates, we worked hard to strive for the best and we got into the second round. We were over the moon about the results as our hard work paid off.

Just like that, three years in a row, we were successfully able to enter the second round of the competition. The three-year experience taught me the importance of teamwork and team spirit, enabling me to showcase my leadership skills and creativity.

Chan Sum Yuet 5A

I am glad that I had the chance to join this radio drama contest. My best reward was learning how to speak emotionally and present the radio drama vividly and interestingly. Moreover, I appreciate the great support from my teacher and teammates, and the contest ended successfully. I think it is great to learn English in a fun way.

Inter-School Interpretive Reading Competition

The Inter-school Interpretive Reading Competition returned this year after a pandemic induced break. Two junior form students conquered their fears and took part in the competition. Khan Faria (3E) and Tam On Ki Angela (2A) read extracts from *Hilary Clinton's 1995 Beijing United Nations speech* and *Katherine Paterson's Bridge to Terabithia* novel respectively. Both girls presented their pieces to a panel of judges in a room filled with their peers. They were awarded certificates in recognition of their commendable presentations.



Tam On Ki Angela 2A

I was nervous and scared because I have never been to any reading competition. During the time when I had to read the passage, I was trembling in fear because I was worried that I would get teased. I wasn't well prepared for the interpretive reading but it was a new experience for me since I had never done anything like this before. Everyone there was lovely and wonderful. They were all very respectful and kind-hearted. I even made friends there, so I'm glad I went!!

Khan Faria 3E

Participating in the Interpretive Reading Competition was a great experience for me. At first, I thought that it would just be like reading aloud a script, but then I got to know that it demanded much more, like body movements and your tone and expressions to be on point. I did get a bit scared and for a moment I thought that I couldn't do it. However, I decided not to give up and practised harder. On the day of the competition, when I saw the other participants and their performances, I got extremely nervous. I even thought about backing out, but I was able to push through and gave it my best. Through this competition, I have learned how important perseverance is, gained an immense amount of confidence and have met amazing, brilliant students from other schools and connected with them. I hope to join such competitions more often and improve myself further.

Joint-School Oral Practice

Form 6 students took part in joint-school oral practices with Ying Wa College, King Ling College and Kwai Chung Methodist College to prepare themselves for their DSE English Paper 4. The students prepared diligently and were able to interact confidently with other students. The practices helped them participate in group interactions with peers from different schools, thus providing them with an invaluable speaking experience before their DSE English speaking exams.





Drama Appreciation

Students got to enjoy performances by an astounding cast of actors in the post exam period.

The junior form students were treated to a performance of Beauty and the Beast, a classic tale that was enthusiastically performed and had the girls captivated for an hour. Senior form students had a taste of dealing with bullies which is a problem many teenagers face. The actors used comedy and dramatic flair to give practical solutions to bullying in different scenarios.

The MCs for both the junior and senior sessions did a fantastic job. Well done girls!



Speak Up, Act Out! Drama Competition

The territory-wide Speak Up, Act Out! Drama Competition returned to its in-person version this year after being held online because of the pandemic. Students were excited to finally meet face to face despite the increased pressure of a live performance.

We had a brand-new team of students this year: Bano Muntaha (4A), Bibi Muskan (4D), Ghale Suhanni (4D), Lui Yu Yuet (4A), Noor Kashaf (4D) and Fatima Kaniz (4D). The girls worked tirelessly in a short span of time to dramatize the photo prompt that was given. Although none of the students had taken part in an English drama competition before, they worked conscientiously together to present an impressive drama.

The team competed amongst a group of twelve schools drawn from all over Hong Kong. Despite the stiff competition, the girls' collaborated seamlessly to give a noteworthy performance.



Bano Muntaha 4A

When we were preparing for our drama competition, there were some ups and downs. Some disagreements and agreements made us gain mutual tolerance. As a leader, I felt difficult to stay neutral but I had to do it for the sake of my team.

On our big day, we were all nervous because we knew that our competitors were strong, but we didn't let this crush our spirit.

While watching other teams perform, we were truly amazed and shocked by the stupendous plot twists. When performing, all I could think about was not forgetting my lines because the atmosphere was nerve wracking.

I would surely participate in this again next year because it enhanced my knowledge of drama.

Shah Muskan Bibi 4D

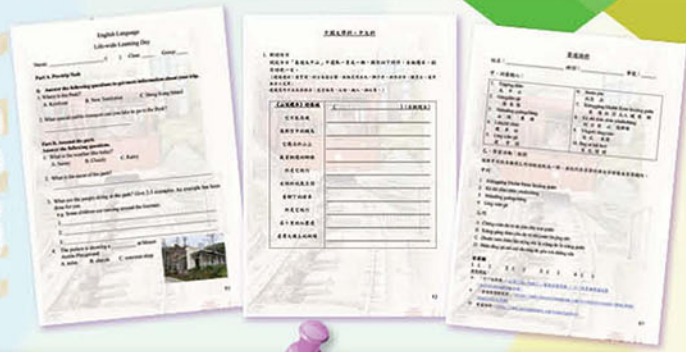
It was my first time participating in the drama competition, and I had the best time ever! While preparing for the competition, I was VERY nervous as I've never really done acting in my life.

On the day of the competition, I saw other competitors performing and I was amazed by their acting. I kept wondering, "What if I mess up my lines by being too nervous?" as I'd never performed in front of a huge audience. Luckily, it went better than I expected. While performing, I kept telling myself that it was now or never, as I gathered confidence in myself and performed with my teammates.

After taking part in the competition, I learned to overcome my fear of stage fright, have better public speaking skills and effectively communicate ideas. Although we didn't win any award, I was not disappointed at all as I had a really great time. And I would surely participate again if I got the chance to!

Life-wide Learning Day

The whole Form Two girls had a great opportunity to gain a different learning experience by visiting one of Hong Kong's tourist attractions, The Peak. In this cross-curricular activity, they saw the wonderful scenery, took snapshots and expressed their feelings in Chinese, English and Putonghua.



Yiu Tsz Yau 2E

Today our school held a special activity for us. We all eagerly looked forward to this outing, as we were going to visit the Peak. Luckily, we were blessed with sunny and pleasant weather, which added to the overall excitement.

One of the most memorable parts of the trip was our visit to the Mount Austin Playground which was located at the very top of the Peak. The sunny weather and the beautiful scenery made for a perfect location for taking photos. There was a large glossy green grassland. I could see a group of students taking graduation photos. I could also see some young children running around. There was a great variety of amusement rides for the children to have fun. It was a delightful day. I felt truly grateful to our school for organizing this wonderful event which allowed us to create lasting memories.



Kwok Yee Ting Vivia 2E

After the trip from the Peak, I realized that there are many beautiful places to go to in Hong Kong. I don't really go outside often, but after this trip, I started to be more outgoing. The trip was really fun and I even took a lot of pretty pictures. I could find a pavilion structure and a gorgeous fountain, which was surrounded by colorful and captivating flowers. I thought it was really pretty. Words can't describe how beautiful this place is! Moreover, I have learnt how to describe the place in Chinese, English and Putonghua. It was fun to learn the languages in a real situation.




Faaiza Khansa Masood 2C

My experience at the Peak was certainly an interesting one. I don't normally get the chance to go out and see places like this so it made this trip even more memorable. I had a fun time with my classmates while exploring the place and taking pictures of nice views. In the Mount Austin Playground, I could find good landscaping there. The only thing I would change would be the weather because it was super-hot that day. On top of that, I faced another challenge which was writing a poem describing the place in Chinese. Luckily, when we returned to school and with teachers' guidance, I could finally make it. I felt satisfied about my work. Overall, the trip went great and I hope I get to have more opportunities like this.

Film Appreciation – Wonka

On 1st February 2024, 65 of our students visited the cinema for a special screening of WONKA – a musical fantasy comedy. All students enjoyed the movie very much, and wrote up fantastic film reviews to celebrate the experience! Let's see what they have learnt in the two entries below:



MY FILM REVIEW


Film review by: 4A(15)
LAN MAU TUNG Aimee

Draw and write about the film WONKA you've watched on 1 Feb 2024.

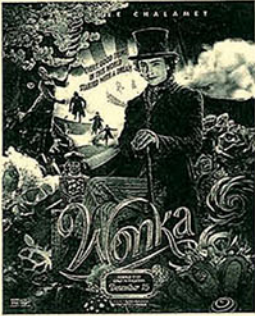
Film title / Genre:
Wonka

Who is your favourite character or scene and why?
Wonka is my favourite character in this film. He had all kinds of creative ideas, pure heart and perseverance to become a chocolatier. Although he met lots of troubles on his way to success, he didn't give up. That's why I appreciate him.

What is the film about?
It's about a teenager named Wonka who went to be a chocolatier, he went to the Food Valley with the promise and dream he had made with his mother, thinking about starting a business. Unfortunately, he lost all the money and forced to work in a laundry room. But in end he saved all the friends he met in the laundry room and brought the villains to justice. He also succeeded becoming a chocolatier.




Draw your favourite character or scene from the film.



STAR RATING

★★★★★

Would you recommend the film? YES / NO ? Why?
Yes. This is a great film with a mix of a tan of music and fantasy story all rolled into one. It explores Willy Wonka's story before he founded his chocolate factory. While watching this movie I was moved to tears when I saw Wonka giving up his dream for the freedom of his companions. Moreover, the music, the sound effect is really nice. I highly recommend it to everyone.



So we are still





MY FILM REVIEW

Film review by: 5B(14)

KWONG KA WING

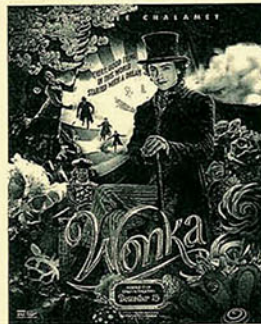
Draw and write about the film **WONKA** you've watched on 1 Feb 2024.

Film title / Genre:

Wonka

Who is your favourite character or scene and why?

My favourite character is Wonka in the story... very much because I really appreciate his persistence in making chocolate and working hard to realize his dream. Also, Wonka is very smart and nice. I like his character traits.



STAR RATING



Would you recommend the film? YES / NO ? Why?

I would recommend the film. It is because the music in the movie is great and the characters have different personalities. The plot of the movie is interesting. This set is great for everyone to watch as I would recommend this movie.

What is the film about?

The goal of the protagonist, Wonka in this movie is also very simple, to share the chocolate he made with the world. The villain in the story believes that chocolate should not be eaten by the poor and for the rich. Therefore, he targets Wonka everywhere and prevents him from selling chocolate. Fortunately, Wonka's cleverness allowed him to overcome the difficulties one by one. In the end, he also successfully owned a chocolate factory.



Draw your favourite character or scene from the film.





Lunchtime Radio Broadcast

In order to help students gain more authentic exposure in using English and Putonghua, the English Department has collaborated with the Putonghua Radio Broadcast Team to launch a bilingual radio programme during lunchtime on Thursday.

Fifteen enthusiastic students from S2-S5 students were selected as the DJs. In the broadcasts, they expressed their thoughts on various topics such as dream jobs and graduation. They have also recommended songs to their schoolmates. Additionally, students have been able to dedicate their favourite songs to their beloved teachers and classmates on air.



PLAY MUSIC

REWIND, UNWIND & DINE

RELAX

ENJOY A MEAL

ON AIR

To Ms Chung

From Cherry (NAME)
6B 18 (CLASS AND CLASS NO.)

Thank you for being there for me all the time. And listening to all my concerns without judging. You always put a big smile on your face just like a sunshine. You are the warmest person I had ever seen.

Tack Ching Girls' Secondary School
Lunchtime English Radio Broadcast

PLAY MUSIC

REWIND, UNWIND & DINE

RELAX

ENJOY A MEAL

ON AIR

To 6B Cynthia (4)

From Gigi Fung (NAME)
6A (4) (CLASS AND CLASS NO.)

You may experience many failures, but you must not be defeated. In fact, experiencing failure is the only way in life. They make you know yourself better and know that no matter how difficult you are, you can still get out.

Tack Ching Girls' Secondary School
Lunchtime English Radio Broadcast

PLAY MUSIC

REWIND, UNWIND & DINE

RELAX

ENJOY A MEAL

ON AIR

To Manohit &

From Meshal (NAME)
6D 15 (CLASS AND CLASS NO.)

it's probably the last 15 days of our college school life. Thank you for being a weirdo, staying there for me in my ups and downs. I will forever cherish the memories we've spent together. From my study session partner to my gossip partner.

Tack Ching Girls' Secondary School
Lunchtime English Radio Broadcast

PLAY MUSIC

REWIND, UNWIND & DINE

RELAX

ENJOY A MEAL

ON AIR

To kelsey.

From Natalie (NAME)
6A (11) (CLASS AND CLASS NO.)

Thank you for being my study partner, providing support and advice to me. I felt honoured to sit with you in my last school year, I know that we are on the right track and improved a lot. Wish all the best.

Tack Ching Girls' Secondary School
Lunchtime English Radio Broadcast



English Week

To help promote English within the school, an English week was held in May. During this week, different games and activities were organized by both teachers and English ambassadors during lunchtime. The fun activities, such as bingo, riddles, quizzes, and crosswords, were all related to the school ethos and the theme of the week, love and growth. The student helpers worked tirelessly to give the other students opportunities to use the English language in a fun, friendly, and relaxing way. The English week was very successful, with a large number of students enjoying attending and taking part in, and being very pleased with all of the snacks and prizes they received from the event.



English Society

The English Society is an after-school club which provides members with a variety of activities on different themes, such as English movies, celebrations, musical instruments, and food. These extra-curricular activities facilitated students' interest in different cultural elements surrounding the English language, and helped them to promote and share this interest amongst their classmates. Moreover, the meetings also made students enjoy using English in a variety of creative ways, including discussing their thoughts on international celebrations, musical instruments, giving opinions on characters from different films and books, etc.



Lunchtime English Café activities

During more than 40 lunchtime sessions over the academic year, the school had promoted and hosted English Café activities, which aimed to reinforce the learning of junior form students. Different games such as word unscramble and bingo were presented to the students by their NETs. This was definitely a fun and relaxing way for them to revise their learning. For instance, in one of the activities, students were given two types of clues in order to be able to remember a specific word. Students then read aloud these clues to the rest of their class, while the students looked at the pictures and took turns guessing what this word was. Overall, the English Café activities were a huge success with most students getting extra opportunities to revisit the vocabulary from their regular English classes.

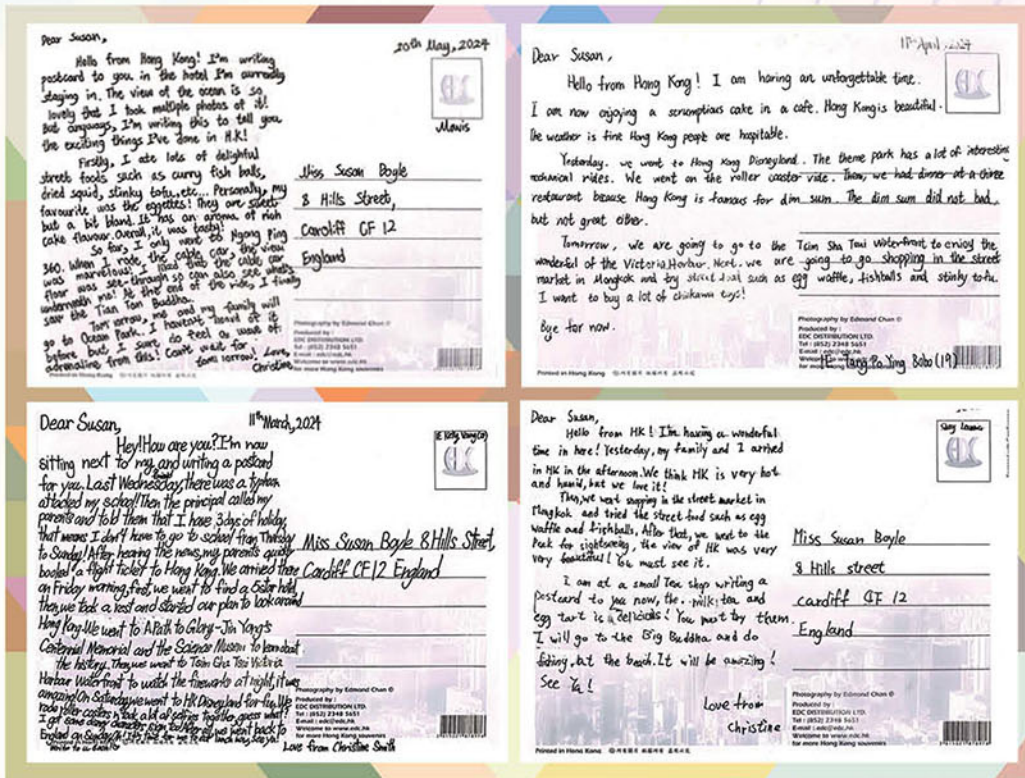


Creative Work Highlights

Welcome to the Creative Work Highlights!! In these pages, you will find a showcase of the incredible talent and imagination of Tack Ching girls. We hope you enjoy this showcase of their amazing work!

S.1 Postcards

We are excited to see our S.1 girls showcase their creative postcard writing. During their recent travels to Hong Kong, these young adventurers honed their descriptive writing skills to capture the essence of the places they visited.



S.2 Short Stories & My Green Pledges

Our S2 students worked on their creative short stories and practised fundamental elements of fiction, such as plot, dialogue and narrative voice. Students with different collaborative roles worked in small groups to improve their drafts, mirroring real-world writing and editing processes; by doing so, students learnt from their peers and learnt to accept feedback in a positive way.



In the forest, I realized that I was lost. Then, someone tapped on my shoulder, "Mary, I'm so sorry for stealing your hat but please listen to me." I turned around and I couldn't believe my eyes when I saw that the monkey was talking to me. But why did the monkey talk like my best friend William?...

"Mary, a witch turned me into a monkey. What can I do?" sobbed William.

Poon Yan Yan 2D, Kwok Yee Ting Vivia 2E, Huang Nanyi 2E, Kwong Nga Wing 2E



Students read aloud their short stories to one another and voted for the best plot, the best storyteller and the best illustrator. The budding creative writers had a great time exchanging creative ideas.

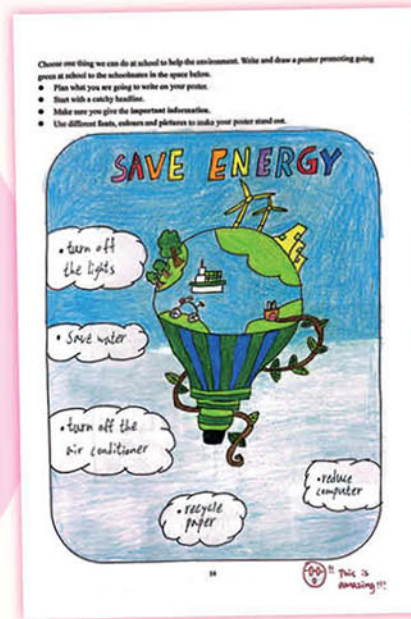
Kwong Nga Wing 2E

In this module, I learnt how to write a good story by revising my drafts. Our group spent so much time developing the plot but it's totally worth it! I also enjoyed illustrating our short story.

Khan Munazza 2D

I enjoyed telling a story by changing the tone of voice, such as whispering and screaming. This makes the story interesting and lively.

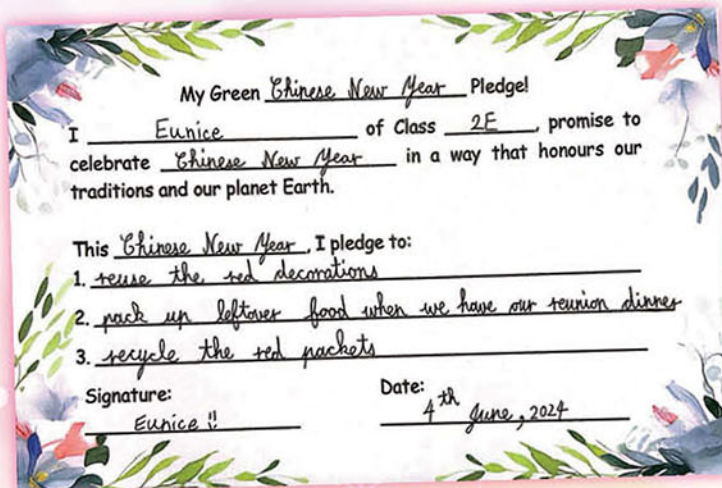
As responsible citizens, our S.2 students learnt more about environmental protection as in celebrating festivals in a green way, while spreading joy to our families and friends, and most importantly, to our Mother Earth and animals. They designed posters and made their green pledges to join hands in saving our Earth!



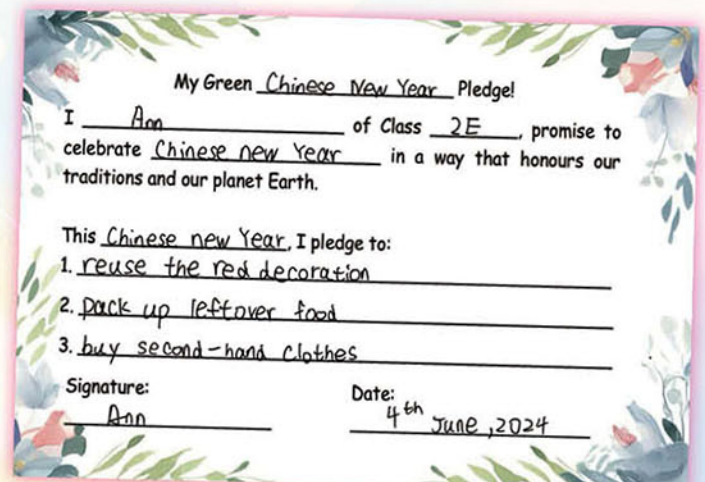
Cheung Hei Yi 2E



Tang Qiao Yang 2E



Yiu Tsz Yau 2E



Yun HuiMin 2E

Jiang Yue Yue 2E

I learnt how to celebrate the festivals in a greener way, such as reusing the decorations instead of buying new ones every year. It's definitely possible to have fun and protect the environment at the same time.

Cheung Chui Yan 2E

I'm now more aware of the waste caused in parties. Organising parties in a green way is not that difficult. Let's start by bringing our own lunchboxes and reusable cutlery to replace the disposable ones. Let's throw a party without throwing so much rubbish!

S.3 Lyrics & Song Dedication

Our S.3 girls experienced expressing their gratitude to their loved ones! Let's find out what they want to say in their thank you messages!

Tack Ching Girls' Secondary School
S3 Cross-curricular collaboration Lyrics and Songs Dedication

To: my brother

From: ❁ Yanni

Class: 3D (26)

Write down your messages:
When I feel sad, or study under the pressure, you always tell me that it is no matter. You always give me useful advice. You always would like to chat with me. I thank you very much!

THANK YOU SO MUCH

LOVE & GROWTH

Tack Ching Girls' Secondary School
S3 Cross-curricular collaboration Lyrics and Songs Dedication

To: My friend

From: ❁ Zhang Mengyan

Class: 3D (32)

Write down your messages:
You always control my emotions, always make me feel hopeful and positive. And you help me with my study in daily life. You support me everytime. I love you!

THANK YOU SO MUCH

LOVE & GROWTH

Tack Ching Girls' Secondary School
S3 Cross-curricular collaboration Lyrics and Songs Dedication

To: Sophie

From: ❁ Lisa (Lin Zhu)

Class: 3D (32)

Write down your messages:
Dear Sophie, I would like to say thanks to you for your support and help. When I was sad, you always support me and give me energy. I am very happy to meet you. I hope we can have a good future.
Yours,
Lisa (Lin Zhu)

THANK YOU SO MUCH

LOVE & GROWTH

Tack Ching Girls' Secondary School
S3 Cross-curricular collaboration Lyrics and Songs Dedication

To: Chan Ching

From: ❁ Aya

Class: 3B (1)

Write down your messages:
Thanks for being my friend, and helping me. It's very lucky to have you as my friend. Hope to be in same class next year. Give your very best in Final Exams. Love you girl!

THANK YOU SO MUCH

LOVE & GROWTH

Tack Ching Girls' Secondary School
S3 Cross-curricular collaboration Lyrics and Songs Dedication

To:

From: ❁ Emily

Class: 3E (34)

Write down your messages:
Dear Mum, I would like to say thanks to you for your love and support. Everytime when I feel down, you try your best to encourage me and understand me. Also you make lots of delicious food for me. I love you.
Yours,
daughter Emily

THANK YOU SO MUCH

LOVE & GROWTH

Tack Ching Girls' Secondary School
S3 Cross-curricular collaboration Lyrics and Songs Dedication

To: Mum

From: ❁ Leung Nga Ching

Class: 1E (11)

Write down your messages:
I would like to thank you for always being with me, teaching me, helping me solve the problems, never punish me. I love you Mum.

THANK YOU SO MUCH

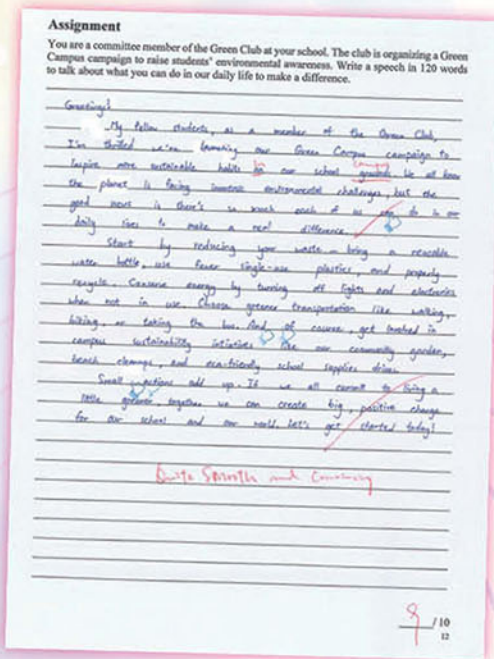
LOVE & GROWTH

S4 & S5 Reading across the Curriculum (RaC)

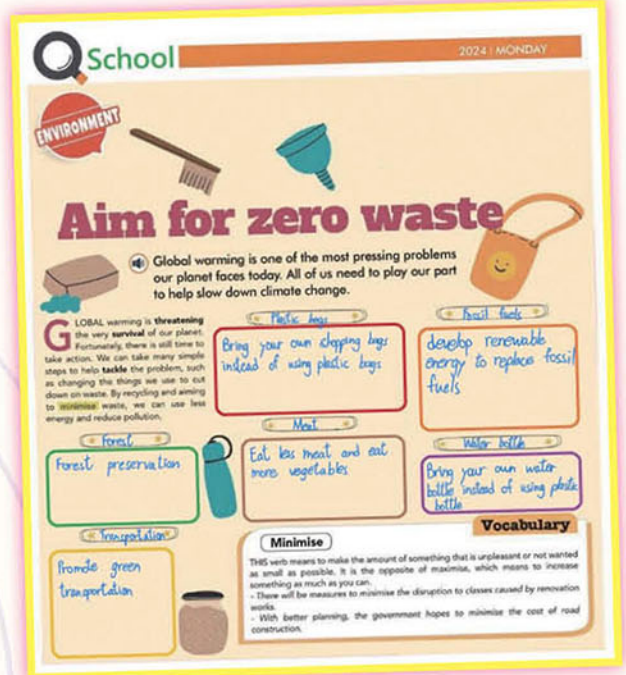
The Reading across the Curriculum (RaC) expands minds through interdisciplinary learning. We hope that students can draw connections between diverse subjects and fields of study, unlock their insights and transform the way they understand the world around them. By engaging with these interdisciplinary texts, our S4 and S5 students are developing their critical thinking skills and intellectual curiosity that will serve them well beyond the classroom. They are learning to see the world as a tapestry of interconnected ideas and phenomena.

For instance, at a Green Campus Campaign, S.4 students need to give a speech on behalf of the Green Club at school, talking about what can be done in our daily life to raise students' environmental awareness.

Let's see how S.4 & S.5 students designed the Green Campaign posters!!



Muskan 4D



Zhang Oi Ki 4A



Law Hau Tung 4A



Li Tin Oi 5A

In a module of Social Media, S4 students are expected to explain to a friend how to solve the problems of staying safe online and prevent them in the future.

Dear Susan,

I'm very sorry that you're facing such problem these days. I feel worried about your safety while doing bulging things. I want that you very I can help to protect you, whenever you need help, but first I must give you some advice of how to defend yourself and face cyberbullying first.

While doing cyberbullying, you need to understand how to protect yourself. First, sitting down all the messages including date, time, how it happens and what happened. Make sure to save the messages you've been sent so take screenshots, because you can use them as evidence.

Second, if you find yourself having unknown phone calls or your phone died answer them and let it go to the voicemail. Having the messages they leave for you can be useful for gathering evidence.

And last but not least, blocking the bully and all their contacts friends through internet can avoid them attacking you in the internet. Remember to check all of your privacy settings and ensure the settings are set to the highest security level.

With love,
Agony Aunt

A very comforting reply

Tam Wai Ki 4B

Dear Seal,

It's very nice to hear your problem. You mentioned that you met a person online in a chat room and he wants to meet up with you. It's important to be safe and not be persuaded when you meet him. You should be careful of his behavior and only see him.

The person might be a scammer or a hacker. Some of people are trying to make money. It's a bad idea because the real experience may not be like the photo he sent you. He might be a scammer or a hacker. Some of people are trying to make money. It's a bad idea because the real experience may not be like the photo he sent you.

I'll always be there for you when you're in danger. I'll be giving you all of my support. If you need any help, please always contact me. My love!

With love,
Agony Aunt

I hope you don't get any advice until these weeks. Some more tell me what you get on!

With love,
Agony Aunt
Agony Aunt

This advice is quite convincing. Just my attention to what she said.

Tam Nga Chi 4A

In a module of entertainment, S5 students worked as students joining an overseas tour to South Korea during the summer and had to introduce the local entertainment culture of Hong Kong with reference to some local artists, music, dramas or movies, etc. Here are some excerpts of their presentation slides which did open our eyes!!



Amy Tang Lai-Ying

Prudy Fung 5E (02)
Venus Hung 5E (03)
Leanna Yu 5E (12)

Division of work table

Prudy Fung	Data collection, design powerpoint, find picture
Venus Hung	Data collection, design powerpoint
Leanna Yu	design powerpoint

About LaiYing

- After DSE, Laiying has applied HKAPA three times, but failed. After that, she haven't give up her actress dream. She auditioned everywhere in order to do her best to become an actress.




About LaiYing

- Heaven helps those who help themselves. In 2019, Laiying act "Kwok Ho Yi (Ah Mo)" in ViuTV television "Limited Education", she was introduced to the Youtube channel "Pomato" by her partner Ching Yan Fu. And she became famous after joining "Pomato".




About LaiYing

- Later, with the help and encouragement of pomato, she became an singer




accomplishment

- In February 2023, Lai Ying was selected as the representative of Hong Kong for the month in the project of the music streaming platform Spotify "EQUAL Global Music Program", and her portrait appeared on the screen of Times Square in New York, USA.




Stephen Chow

5B Alex Li (17)
5B Ankie Lai (15)
5B Cherry Huang (11)
5B Cora Chung (9)
5A Rebecca Yiu (30)

Stephen Chow Career



1988
film "Final Justice"
Best Supporting Actor at the Golden Horse Awards




Genre: **God of Gamblers**

Stephen Chow
Have so many famous movie

Kung-fu (Swordsmen - Ip Man)

Stephen Chow recent

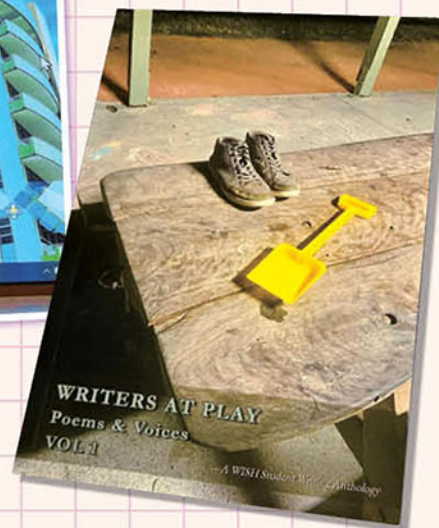
- has struck a deal with Douyin, the Chinese sister company of TikTok.
- Since opening a social network account in last year.
- frequently updates his current situation and interacts with netizens.



Writers In Schools Of Hong Kong (Wish) PROJECT

Two students, Khan Arsheya and Bano Muntaha took part in the prestigious WISH project writing course organized by the Chinese University of Hong Kong (CUHK). The students used their Saturdays to participate in the three month long zoom course. They explored different styles of writing under the supervision of the CUHK facilitator. They also

collaborated with students from another school and greatly improved their writing skills. Their exemplary tenacity was evident in the outstanding pieces they wrote which were published in an anthology, *WRITERS AT PLAY, Poems & Voices*.



Khan Arsheya 5A

I found the topic of writing like and dislike poems the most interesting one because I could express my feelings and opinions on different situations.

The workshop broadened my knowledge in a lot of different topics and expanded my insights and perspectives.

By thinking broadly, I can now use different methods to convey my perspectives and ideas in writing.

In my personal opinion, learning different types of sentence structures could help me write better in future.

I want to thank Miss Nicolette for teaching us different ways to express ourselves and how to use different techniques to write a good poem. Thanks a lot!

Bano Muntaha 4A

The topic I liked the most was the blackout poem because this was my first time seeing such a poem.

I gained new insights when writing acrostic poems. I always thought that I couldn't write sentences beginning with a specific letter but I was able to be creative with the writing.

I learned not to hold myself back when writing, especially in poetry. Poems let me express my emotions.

I really enjoyed the workshop because it has widened my scope of writing.

I wish the workshop was face to face because it could be more fun. When we have questions we can ask and get responses immediately.

Poems by

Bano Muntaha 4A

Winter

Warm cups of hot chocolate
Igloos are being made
Night starts to fall early
Trees bare with no leaves
Even the animals hibernate
Really getting cold now. ACHOO!

Together No Matter What

Standing at the train station
not knowing I'm about to be killed.
My love, are you doing this for the bills?

Everything is moving at a fast pace.
I wonder if I'm already dead.
The betrayal is agonizing.
Even the music is egregious to my ears.

I'm afraid of death.
Will you go with me, my love?
It's you and me forever.
Death cannot tear us apart.

Poems by

Khan Arsheya 5A

I Would Never

I would never eat snacks produced by Israel.
I would never wear clothes made by a killer.
I would never buy an Israeli product that has
Palestinian blood on it.
I would never go to a country like Israel that
kills thousands of innocent people.
I would always like to help the innocent
people dying in Palestine.
And I promise I would never forget the pain
and suffering they endure.

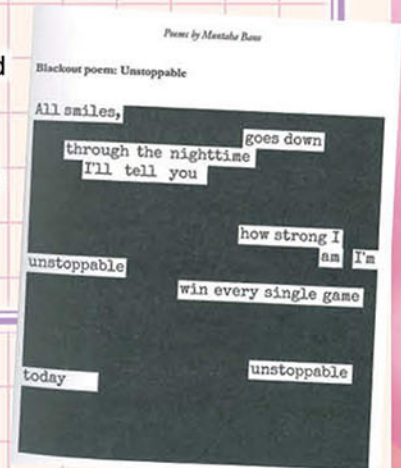
A Dream

Open my eyes to a magical land
Where rats chase cats
Where confections are healthy treats
Where vegetables are harmful foods

Where time doesn't come to an end
Where money grows on trees
Where animals talk and rule
Where humans are pets

I am running through a maze in this bizarre world
Getting chased by dogs in police uniforms
And mosquitoes as FBI officers
Oh no! A dead end!

Open my eyes drenched
in sweat
Oh, it's just a dream
Seeing a vile cockroach
wearing a crown
Or is it?



Mother

Mellifluous voice like no other
Optimistic even when things look bleak
Twinkling eyes with love and warmth
Heaven begins within her
Ebullient energy that shines through her soul
Radiant smile that brightens the day

What am I?

My name is sky.
Today I feel like the sun shining in the sky.
Sometimes I'm the moon.
Sometimes I'm a star.
But always I'm optimistic.
I ask the world, "What am I the most?"
And the answer is the sun shining in the sky!

Book Report Competition

In hopes of promoting students' learning habit and developing their writing competency, the Book Report Competition is organized annually and here are some outstanding works from our girls.



'Ugly Love' by Colleen Hoover

Shah Mishal Bibi 2B

"Ugly Love" by Colleen Hoover is a captivating contemporary romance novel that explores the complexities of love, loss and the transformative power of forgiveness.

The story follows Tate Collins, a young nursing student who moves in with her brother while she finishes school and finds herself drawn to her brother's best friend, Miles Archer, a handsome and enigmatic pilot. Despite Miles' insistence on keeping their relationship purely physical, Tate is unable to resist the pull she feels towards him. As their relationship develops, both Tate and Miles are forced to confront their own emotional baggage and come to terms with their past traumas.

One of the most striking features of "Ugly Love" is its unique narrative structure, which alternates between the present-day perspective of Tate and the past-perspective of Miles. Through these alternating timelines, readers gain insight into Miles' troubled past and the events that have shaped him into the closed-off and emotionally distant man he is in the present. This dual timeline allows readers to see the gradual unfolding of Miles' character and the reasons behind his reluctance to fully embrace love and intimacy.

Colleen Hoover's prose is both evocative and heart-wrenching, drawing readers into the emotional turmoil of the characters. The chemistry between Tate and Miles is palpable, and their interactions are filled with tension, passion and deep sense of longing. Hoover

deftly navigates the complexities of their relationship, portraying both the intense physical connection they share and the emotional barriers they must overcome to find true happiness.

Central to the novel is the theme of healing and self-discovery. Both Tate and Miles are grappling with their own personal demons and must confront their past traumas in order to move forward. Through their emotional journey, Hoover explores themes of forgiveness, redemption and the power of love to heal even the deepest wounds. "Ugly Love" is a poignant exploration of the ways in which love can both uplift and devastate us. It delves into the raw and messy aspects of relationship, portraying the highs of passion and connection alongside the lows of heartbreak and betrayal. The novel is a testament to the resilience of the human spirit and the capacity for growth and renewal, even in the face of overwhelming pain. In conclusion, "Ugly Love" is a beautifully written novel that will resonate with readers who enjoy stories of love, loss and redemption. Colleen Hoover's masterful storytelling and compelling characters make the book a powerful and unforgettable read that will stay with you long after you've finished it.

I hope this summary provides you with a glimpse into the emotional depth and beauty of "Ugly Love" by Colleen Hoover. Feel free to reach out if you have more questions or if there's anything else you'd like to know.

'The Midnight Library' by Matt Haig

Khan Arsheya 5A

Introduction:

Today I'd like to share my favorite book, "The Midnight Library" by Matt Haig, which holds a special place in my heart and helped me during a lost period in my life. This fantasy novel was published in 2020. My main motive in recommending this book to my teachers and classmates is to motivate those who are currently depressed and disappointed with their lives, as this book is about the supernatural journey of a woman who only faced regrets and pain. This book not only taught me the importance of inclusivity but also embracing differences and diversity. I encountered this book while I was fed up with the hectic life of my senior school years. I'm sure this book can heal those who are struggling in their lives and can definitely break the barriers they face.

Summary:

The story began with a 36-year-old woman named Nora Seed, who was a music store clerk struggling with her life. She was facing regrets and pains one by one. One day, her cat died, and then she lost her job. Not only that, but she also started to lose the people in her life. Her student, her brother, her best friend, and her neighbours also started to avoid her and no longer needed her. Her parents had passed away years ago, and she had also left her ex-fiancé two days before they were supposed to get married.

Nora was going through pain, regret, and grief. She was left all alone with nothing left to live for, and eventually, she decided to commit suicide. The night she took an overdose of sleeping pills, she found herself in a library

between life and death. When she woke up, she found herself in front of an old, strange building. All she could see were books, and she encountered Mrs. Elm, who was her school librarian during her high school period. At that time, Mrs. Elm had supported and comforted her when her father had passed away.

Mrs. Elm explained to Nora that she was in a place where time did not move, a place in between life and death called The Midnight Library. Nora was shattered when she saw that her time on the watch froze. Then, Mrs. Elm introduced her to The Book of Regret, which had the record of everything she regretted in her life. Any book she chose allowed her to see how different her life could have been if she had made different choices during her struggling time.

The first life Nora visited was the one in which she married her ex-fiancé, Dan. She found out that Dan cheated on her. After seeing this, she was filled with despair and came back to the library. Mrs. Elm encouraged her again, and Nora chose to visit her cat, hoping he could live longer. When she visited there, Nora found her cat dead under her bed due to a heart disease. She learnt that it was neither because of not taking good care of him nor because she was a bad cat owner, but rather his own destiny. Eventually, her guilt and regret disappeared.

Afterwards, Nora visited many parts of her life. She saw that if she had become an Olympic swimmer for her father's dream, he could have lived longer. Moreover, she found out that if she had gone to Australia with her best friend, she would have died in a car accident on the way to Nora's birthday party.

She started to explore more lives many times and began to enjoy the process of learning about herself in different life situations. However, after a while, she felt like she was starting to lose herself and became confused about which life she wanted to live. She even visited the life where she lived with her loving husband and daughter, which was filled with love and peace. However, she realized that she didn't earn it and so she desperately wanted to go back to her original life to correct things. However, the library started to fall apart, and the books were catching fire. Nora begged Mrs. Elm for help saying that she really wanted to live her life and correct herself, but she had no other way left. She suddenly ran to the book of her root life and wrote on one of the blank pages, "I am alive."

Suddenly, the Midnight Library disappeared, and she found herself near death in her root life. Luckily, she sought help from her neighbour and went to the hospital in time. After that, she not only reconciled with her brother, but also caught up with her best friend. She realized that her life was suddenly filled with gratitude, not because of the visits to the different life series, but because of the realization of her feelings and mistakes.

Reflection:

After reading this book, I have discovered a lot of things in my life. This book mainly focuses on how Nora reacted and faced her problems and then realized her mistakes and meaningful lessons by herself. My favorite character in this book is Mrs. Elm. The way she showed her condolence to Nora and encouraged her was very overwhelming. We all need people like Mrs. Elm in our lives to motivate and support us like a pillar. I was relieved after Nora successfully went back to her world, as there are people who don't even get a chance to realize their mistakes, and in the end, they can't get back what they've lost. The most fascinating part of the book for me is the one where she chose her origin and didn't go for the life which she didn't earn by herself. And the most exciting part of the book was when Nora managed to come back while everything was falling apart, as I got tensed in that part.

I don't think I would change the ending, as this is the real face of the world, and everything is planned by God, and we can only plan and try hard to make it better. But on the other hand, in fiction, I would like to add some changes in the character setting, like maybe Mrs. Elm was dead before, and then she appeared in the library. As before Nora's suicide, Mrs. Elm was there, and it is confusing why Mrs. Elm didn't support her at that time or why Nora didn't seek her help.

What I have learned from this book is that regret, grief, and pain neither can change our past nor help us move forward, but instead, it will only increase our pain and guilt. What we can do is change our future, as it is still in our hands. Another moral of the book is that success and a meaningful life are not only about our achievements but also about love and respect. Nora faced a lot of negativity and loneliness, which caused her a lot of struggles. After understanding these main lessons of our life, I have decided to be like Mrs. Elm in others' lives. I want to encourage everyone like she does and support others to find light in the dark. As everyone in our life needs love and respect, as they say, "give respect, take respect." My main reason to recommend this book to my fellow classmates is that I would like to spread a meaningful message. I hope they can understand that this is the real world, and we can't change what we've done before. I have decided to make a video and post it on different social media apps like Twitter and Instagram, as it is the best way to deliver this message to everyone from all around the world.

I am ending with a last message: every life matters, and we should keep asking our loved ones whether they are fine or not, as your few words might change someone's life. So, from now on, let's take action, as this is neither the end nor the beginning of the end. It is indeed a deeply impactful and transformative book.



TWGHs Good People Good Deeds English Writing Competition 2023-2024

Students from all forms were encouraged to take part in the 'Good People Good Deeds English Writing Competition 2023-2024', organized by the Tung Wah Group of Hospitals. This is a celebration of kindness, which provides our students with the opportunity of infusing positive energy into society, fostering social cohesion and promoting care, mutual help, and solidarity within our local community.

Good People Good Deeds Winner list

Junior forms	Senior forms
Champion: Chan Cheuk Ying Mavis 1E	Champion: Nadeem Ridha 5D
First runner-up: Yeung Ka Yi Kelly 1E	First runner-up: Bano Muntaha 4A
Second runner-up: Muntaha Marium 1E	Second runner-up: Kashaf Noor 4D



Be the Change You Want to See

Once upon a time, in the peaceful town of Meadowville, lived a kind-hearted and selfless young woman named Clara. With her warm smile and compassionate nature, she was beloved by everyone in the community. Clara had always believed in the power of good deeds and how they could make a positive impact on people's lives.

One sunny morning, as Clara strolled through the town square, she noticed an elderly gentleman struggling to carry heavy grocery bags. Without a second thought, she rushed to his aid and offered her assistance. The grateful man introduced himself as Mr. Thompson, and they soon struck up a conversation. Clara discovered that Mr. Thompson had recently lost his wife, leaving him feeling lonely and overwhelmed. Moved by his story, she decided to visit him regularly, providing companionship and helping with household chores. She even organized a group of volunteers from the community to take turns cooking meals for him, ensuring he never felt alone or hungry.

Word of Clara's kindness spread throughout, and soon, others were inspired to follow her example. The local bakery started donating fresh bread to the town's homeless shelter, and the high school students initiated a campaign to collect winter coats for those in need. The town began to thrive on the spirit of goodwill, and it all began with Clara's simple act of helping Mr. Thompson.

As the years passed, Clara's impact continued to grow. She dedicated her time to various causes, from organizing charity drives to tutoring underprivileged children. She became a pillar of support for the community, always ready to lend a helping hand or offer words of encouragement.

Nadeem Ridha 5D

One summer, a devastating flood struck Meadowville, leaving many families stranded and homes destroyed. Clara rallied the townspeople and led the charge in providing emergency aid. She coordinated rescue efforts, set up temporary shelters, and worked tirelessly to ensure that everyone affected received the help they needed.

Clara's relentless dedication and unwavering commitment to helping others inspired everyone around her. People from other towns traveled to Meadowville to witness the extraordinary unity and compassion displayed by its residents. The story of Clara's selflessness even caught the attention of a national news outlet, which covered her efforts, shining a spotlight on the power of good deeds in a world that often seemed full of despair.

In recognition of her extraordinary contributions, Clara was honored with the "Community Champion" award. However, she remained humble, always believing that the real reward lay in the smiles and gratitude of those she had helped.

Clara's story serves as a reminder that a single act of kindness has the power to create a ripple effect, inspiring others to do good in their own lives. Her unwavering belief in the goodness of humanity transformed Meadowville into a beacon of hope, reminding us all that we have the ability to make a difference, one good deed at a time.



A change of heart

High school is supposed to be a great place for teenagers to learn and make friends, but to Irene? It was fairly miserable, especially when she had an attention-seeking and self-absorbed bully, Heather. Heather usually made nasty comments to most girls in school, spread rumours or lies about someone who she considered as an 'eyesore'. Irene was considered the 'social outcast' in her eyes, which is why Irene was unfortunately Heather's main target.

Irene and Heather despised each other. Heather would constantly call her names and tease her, sometimes even humiliate her in front of everyone and in all sorts of ways possible. Irene seriously hated Heather's guts, but she didn't stoop to that level. So instead, she tried to focus more on her studies and prevented herself from reacting towards any of Heather's teasing. You would think that Heather is the epitome of the mean girls and Irene is the nerd or weird kid you see in your typical high school movies. Well, that's exactly what it's like. Irene had sworn to take revenge towards Heather one day, and she planned on doing it on their graduation day.

However, things changed when their graduation day came. During their graduation day, all students' parents or guardians would come and watch as their children graduate from high school and enter the workforce or go to college. Irene was the valedictorian. She has the highest academic achievements in her class and she had been preparing for this speech since forever. Before the graduation ceremony began, Irene was rehearsing her speech over and over, she wanted to make sure everything went according to her plan. She planned to humiliate Heather on stage when she would be receiving her certificate. 'She'll pay for making me suffer all these years!' Irene thought to herself.

Finally, the moment arrived. Irene stood confidently on stage as she delivered her speech to her schoolmates, teachers and the principal. Everyone cheered and clapped for her after she was done. Her parents were sitting downstage. They were clearly proud of their daughter and her achievements. As everyone was clapping, one student didn't clap for Irene. Of course, it was no one else but Heather, and she happened to sit right next to Irene's parents. Looking down at Heather, Irene seemed to notice how abnormal her facial expression was. Heather looked at Irene and her parents with a somewhat wishful expression. That's when it hit Irene. Heather had been living in foster care ever since her biological parents divorced. Both of her parents were always on the go and neglectful towards her, and they had rarely shown even a hint of affection or care to her. Irene felt remorse for her and ashamed of herself for planning to humiliate Heather despite the fact that she was a bully to her. Did I mention Heather's foster parent is basically the same as her biological parents? Therefore, it's not much of a difference for Heather. Irene ended up laying off her revenge towards Heather. She wanted to smoke the peace pipe with Heather during the last day of high school.

Chan Cheuk Ying Mavis 1E

After the graduation ceremony ended, Irene rushed outside to search for Heather. She found Heather standing beneath a tree, looking at their schoolmates taking pictures with their friends and family while she stood alone, looking around for someone. Maybe she was hoping to see her parents or foster parents? Irene took a deep breath before heading towards Heather. Heather noticed Irene walking towards her and tried to look unbothered by her, clearly hiding her emotions. 'Well, congratulations on being valedictorian?' Heather said sarcastically. 'Hey Heather, I just wanted to say... I forgive you for being a bully to me for years?' Irene said in a calm tone, smiling softly at Heather. Heather glared at her for a split second, looking extremely confused. 'But why would you forgive someone horrible like me?' She asked Irene curiously. 'I get that life's been hard for you. I totally understand you. How about we grab a cup of coffee and talk about it?' Irene asked Heather, hoping she'd agree. Heather looked touched as nobody has ever cared for her like this, which is why she ended up agreeing and went to a nearby coffee shop with Irene and her parents.

They talked for hours at the coffee shop. Irene comforted Heather as she owned up that she was only bullying people to feel like she had any say in her life. She only wanted the attention as she lacked attention from her biological parents and foster parents. Irene listened patiently as Heather continued to pour her heart out. It somewhat pained her heart to see how the mean girl, Heather, who used to bully people until her heart's content, was actually just a broken soul which longed for care and affection. Although Heather had some family issues, she later understood that it was not an excuse to hurt others' feelings. Irene had helped her to see that and changed her perspective of life.

At last, Heather changed and became a better person. She and Irene stayed in contact. Even though Heather didn't get accepted into college, she started working at a coffee shop near the college Irene studied in. The two became great friends after the talk. Heather even planned on apologising to those whom she bullied before during their high school reunion next month. Irene, on the other hand, felt proud of herself for helping Heather change for the greater good. She now studies Psychology, hoping to become a clinical psychologist one day in order to help more people who are experiencing a range of difficulties in their lives.



Hold onto your dreams with love and friendship

Bano Muntaha 4A

I personally loved the film, Willy Wonka. I have been longing to watch it for a long time. The main theme about the film is love and friendship. The story is about a boy Willy who is trying to become the best chocolate maker in the world because he wants to fulfill the promise that he made to his deceased mother. His journey commenced from the Seven Sea to the Gallery Gourmet. In the Gallery Gourmet he met the chocolate cartel. The chocolate cartel immediately became his biggest adversary because Willy Wonka kept stealing their customers with his stupendous and intricate creation of chocolate. The chocolate cartel had money and fame, what Willy Wonka had was 12 sovereigns which he emptied on the first day and a hatful of dreams. These two things were the only thing he had and he overruled them like it was a piece of cake.

Willy Wonka had a very lonely and grim life before meeting Noodle and the tenants at Mrs. Scrubbitt's launderette. From a young age he lost his mother, it must have been devastating for a young boy. Willy Wonka had been working for seven years upon the ocean and he had waited for seven years to achieve his dream. But when Willy Wonka met Noodle and the crew, his life immediately glowed even though he was bilked by Mrs. Scrubbitt, he was stuck with their cleaning clothes and bedsheet. They helped one another during the darker times.

At the end of the story, when he opened his mother's chocolate bar, there was a small message written by his mother, "It's not the chocolate that matters. It's the people you share it with." It is such a meaningful message. I feel like sharing your happiness and success with your loved ones makes everything sweeter and better just like chocolate. Willy Wonka shared his mother's chocolate with Noodle and the tenants.

Who would you share your chocolate with? I would share it with my mom because she has been supporting me since day one. Although she can be a bit grumpy, what she does is for my sake and well-being. She deserves to taste the sweetness of my success and achievement.

I would recommend everyone to watch it at least once. The story is about love and friendship. These two are very important factors in life. It can change your whole perspective on life. This film will take you into the world of magic and fantasy and teach you lessons about friendship and love. We can all learn from Willy Wonka about his persistence in achieving his goals. Just like the quote that has been mentioned in the film by Willy Wonka's mother, "Every good thing in this world started with dreams, so you hold onto yours."

Bullying in school is NEVER OK!

Yeung Ka Yi Kelly 1E

Kate was an ordinary thirteen-year-old girl. She was a helpful kid and simply wanted to support others whenever they were in need. However, she had never thought that one day her good deed to her friend would make an extraordinary impact to many others, particularly on combating bullying in school. Her friend had been bullied by others in school and Kate solely wished to help. But her actions had aroused the awareness from both the public and her school to the worsening bullying situation.

Stephanie was a new immigrant from China, when she first came to school, she was having trouble because she was being bullied by a male classmate, Andrew. Stephanie had two vulnerabilities that Andrew picked on. She had difficulty fitting in because of a learning disability, which made school especially hard for her.

"UFO, Why are you here? You belong to another planet, go back to your hometown." Andrew would call out these words.

"Shut up!" Stephanie yelled back.

Andrew responded, "NEVER!"

"I hate you!" Stephanie got angry.

"No bother!" said Andrew.

"You are hurting my feelings," Stephanie cried.

"That's the point, stupid!" replied Andrew.

"Why are you so mean?" Stephanie asked.

The above were their daily conversations. Whatever his reasons, Andrew was hurting and ruining her school days with his thoughtless remarks. Andrew even put drawing pins in Stephanie's seat. After endless verbal and physical abuses, Stephanie tried to actively avoid Andrew. She felt excluded and reluctant to go to school because other classmates



would make fun of her. Her so-called friends didn't stand up for her or even join in. Sometimes the boys were laughing at Stephanie for being fat and targeted on her huge glasses and teased her with nicknames such as "Aunt Big Butt". They also started rumors about her. The bullying continued daily and she stopped talking. There was only one thing Stephanie wished for. She wished someone could have helped her, even if it was just one person.

Kate had spotted Stephanie's problem for a while. She had followed Jesus as a Christian since kindergarten and had heard the story of being a good Samaritan. Kate wanted to help Stephanie but didn't know how, so she planned to walk with her in-between classes or on the way back home. Stephanie gradually accepted Kate as her friend. In order to gain Stephanie's trust, Kate asked her Mum and Dad to make some delicious food and shared it with her during lunch hours. However, Kate's initiative to get close with Stephanie made some of those bullies exclude her from playing with them too. But she didn't care. God wanted her to do the right thing, and that included never letting another person suffer if she could help it. She was ready to reach out. Just she had never thought those bullies could have gone that far against Stephanie.

That was a new school day after Chinese Lunar New Year. All the classmates were sharing about how much money they collected from the red packets. Suddenly, Andrew said \$5000 of his red packet money had been stolen. He pointed to Stephanie and accused her of stealing his money. He punched her, made her kneel and also gathered the others taking turns to slap her face repeatedly. Throughout the assault Stephanie denied knowing what was going on. As the only victim, Stephanie cried for help and attempted to stop them. The confrontation escalated with Andrew berating her loudly in admonishing words, using an almost shrill tone of voice. "You stole my money, thief!" Other kids responded by shouting "hit her harder!". Kate silently asked someone else to take a video with her iPhone on what had happened. She came to aid by pushing Andrew away from Stephanie and requested for evidence and prompted for calling the police and the teacher. It was ultimately discovered that \$5,000 was carelessly kept in Andrew's own school bag.

Someone else had also taken the violent scenes and posted them on YouTube. The incident incited a police search for assailants. Stephanie was taken to the hospital to receive treatment for the injuries on her face. The police commented that the bodily harm inflicted on Stephanie could lead to maximum three years imprisonment of the assailants. The incident depicted the danger that bullying might cause. And Kate dared to stand out and speak up for Stephanie. She documented the bully's behaviour and kept a good record of the evidence. She was there to offer the evidence for fighting the injustice. Many major news channels reported the case to the public. Kate was also recognised as a heroine figure in many's eyes.

Being isolated by the group was also a big part of bullying and couldn't be fixed by ignoring it. Kate remained a good friend with Stephanie, supported and loved her for who she was. Kate talked to Stephanie about taking responsibility in any situation and taking ownership of her own action. That "responsibility" gives her "response-ability." Stephanie was not powerless, she could develop an assertive strategy for coping with bullying and stand up to the abuse. That way it cleared the negativity out of her mind and focused on happiness that she deserved. She then became calm, strong and self-confident.

From then Kate was getting a much deeper concern on the bullying issue in school. She started to do the research and take notes on the topic of bullying in school in Hong Kong. She wrote down the key points:

'School bullying is one of the most serious and overlooked problems facing Hong Kong today. Bullying is hurting someone on purpose. It happens to anyone and it can happen anywhere. Kids can be bullied about how they look, what they are good or not good at, where they come from as well as who their friends are. It comes in many forms ranging from name calling, teasing and hurtful rumors to physical attacks and cyber bullying, to harassing and intimidating others. Bullying can have many adverse effects on the abused. It has serious consequences for both sides. At its worst scenario, it can drive a person to suicide.'

Kate was then engaging as the supporting volunteer to those who were bullied in school. She wanted to tell everybody they should never allow a bully to make them feel bad about themselves. But she knew that was easier said than done. This was especially true when kids were confronted and did nothing to stop. To fight against bullying Kate wanted everybody to have both vigilance and a relentless systemic crack down from school authorities, as well as a support system that worked, truly protected and empowered the victims.

She actively approached the teachers, police and authorities, to talk to the whole school about the danger and cruelty of bullying. They worked together to create some seminars, workshops and classes exploring the topic of bullying. They taught children about the problem, posted rules that involved bullying behaviour and ensured there was enough adult supervision and support to victims at school. Her good deeds saved a lot of depressing souls and helped a lot of victims getting through their traumatic times.



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